

- **NASP Practice Model: Domain I**
- **Stewart and Boles App List**
- **Exec. Committee Meeting Minutes**
- **Student's Corner**
- **Social Media- New Facebook Page**
- **Save the Date—Spring Conference**

**INSIDE  
THIS ISSUE:**

**Delegate's Report 2**

**NASP Practice Model—Domain I 2**

**Social Media News 3**

**Featured Member 3**

**Student's Corner 4**

**Apps-Stewart & Boles 5-6**

**Exec. Committee Minutes 7**

# NDASP NEWSLETTER

VOLUME 3, ISSUE 1

NOVEMBER 2015

## President's Corner

By Sarah How, NDASP President

What an amazing fall we have had in North Dakota. We recently held our annual 2-day Fall conference in Minot, North Dakota hosted by Minot State University. Thank you to Minot State University and the School Psychology Graduate Program for hosting our organization.

Our Mission at NDASP is to empower school psychologists by advancing professional standards and effective practices to promote healthy environments for all students and to improve student learning, behavior, and mental health.

In line with our mission, our theme for our Fall conference was "Propelling Success for All: Implementing Comprehensive Services using the NASP Practice Model." Last year NDASP adopted the NASP Practice Model. Our goal is to provide high quality conferences that support your growth in the 10 Domains of Practice.

The first day of the conference we focused on joining our members together around the strategic plan for NDASP and gaining specific skills related to public policy, single subject research designs and technology. Thank you to Dr. Joe Engler, Minot

State University and Dr. Lisa Stewart, Minnesota State University-Moorhead for their contributions to the first day.

The second day we were privileged to have Dr. Steven Feifer share on the Neuropsychology of reading and written language disorders. We learned practical knowledge and skills to increase our identification and practice with students who struggle with learning.

At the Fall Conference we were also able to share our new Ad-hoc committee: Early Career/Graduate Student Committee. Matt Steinborn and Kylie Klassen were appointed as co-chairs of this committee. Matt Steinborn is a practicing school psychologist with West Fargo Public Schools in West Fargo, ND and Kylie Klassen is a graduate student at Minot State University. Congratulations to them both for joining in NDASP leadership.

The following is a description of this committee. **The Early Career/Graduate Student committee** will be a non-voting ad hoc committee with the primary function of supporting the mission of the North Dakota Association of School Psychologists. Responsibilities include collaborating

with and assisting the executive committee in planning and organizational efforts central to the mission of the organization. The Early Career/Graduate Student committee will be co-chaired by one early career professional (5 years or less as a licensed school psychologist) and one graduate student from Minot State University.

NDASP was awarded a grant to attend a 4 day training at the NASP office in Bethesda, MA focused on Behavior and Mental Health. I was privileged to attend along with our President-Elect Dr. Joe Engler and our Public Relations Chair Tamara Waters-Wheeler. As we move forward in building our skills related to the NASP Practice Model's 10 Domains of Practice we will be talking more about how we are behavior and mental health professionals in the school setting.

We are excited to announce our NASP President, Dr. Todd Savage, will be the speaker at our annual Spring Conference.

We want to hear from you. This is a member organization and we want to meet your needs as members. Please let me know how I can better represent you and bring trainings that can support

## News from our NASP Delegate

NASP 2 You ... from your North Dakota delegate –

*Terese Schaefer*

On a beautiful September 2015 weekend, I spent my days attending the 2015 NASP Leadership Assembly training. Instead of highlighting my witnessing the implementation of truly amazing parliamentary procedure, I think it is important to share some

exciting things happening in NASP.

As delegate I was gifted with a new publication: NASP Practice Model: Implementation Guide.

North Dakota NASP members are at an all-time high (52 members).

The new NASP website will have its debut the

week of our state convention.

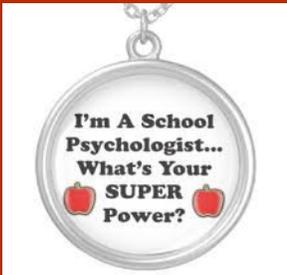
North Dakota was 1 of the 5 states chosen to attend training on advocacy and role identification as school psychologists providing mental health.

Thank you all for your dedication to the profession!!

## NDASP Practice Model—Domain 1

### *Data-Based Decision Making and Accountability*

School psychologists have knowledge of varied models and methods of assessment and data collection for identifying strengths and needs, developing effective services and programs, and measuring progress and outcomes.



**SAVE THE DATE: April 22, 2016**

**NDASP SPRING CONFERENCE!!**

**Guest Speaker:  
Dr. Todd Savage  
NASP President**

**“Connecting the Dots”**

## SOCIAL MEDIA NEWS

We are excited to announce the creation of social media sites via Facebook for North Dakota School Psychologists! The pages are designed to inform all of you regarding upcoming events, professional development opportunities, and interesting articles regarding our unique profession. We encourage all members to contribute beneficial posts, links, and words of encouragement to your fellow school psychologists.

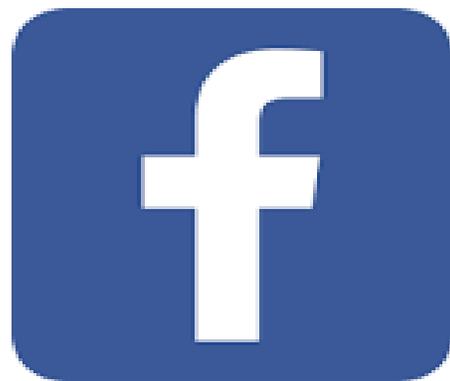
The Facebook 'Like Page' already has a few posts up. This is a public page for all to see and benefit from the resources shared. Posting on this page is limited due to the public accessibility. The need to respect privacy and confidentiality is paramount on this public site. The NDASP 'Like Page' can be found at: [https://www.facebook.com/northdakotaassociationof-schoolpsychologists/?ref=notif&notif\\_t=page\\_user\\_activity](https://www.facebook.com/northdakotaassociationof-schoolpsychologists/?ref=notif&notif_t=page_user_activity)

The Facebook 'Group Page' is also up and running. Any posts made on the Facebook 'Group Page' will be reviewed and approved by admins: Loren Houle & Tamara Waters-Wheeler. Approval is in place to promote privacy and confidentiality due to the smaller populace throughout North Dakota; however, we still encourage you to post general questions regarding new assessments tools, upcoming professional development in your area, interesting articles, and ideas for our organization. We would love to have your input on improving our organization to meet your professional needs! The NDASP Group Page can be found at: <https://www.facebook.com/groups/572877066199970/>  
>  
>We will be adding current NDASP members to the Facebook Group Page based

on our membership list. If you prefer to have yourself excluded from the group, you do have the option to remove yourself by clicking a 'Leave Group' button on the Group Page. You may also email the NDASP Public Relations – Chairperson: Tamara Waters-Wheeler @ [tamara.waters-wheeler@msd1.org](mailto:tamara.waters-wheeler@msd1.org) with your request.

We look forward to using the power of social media to promote our profession for the benefit of the schools we serve!

Tamara Wheeler/Loren Houle  
NDASP Public Relations  
Chairperson/PR Committee Member



### Featured NDASP Member: Shanna Morlock

Shanna is a school psychologist employed by Morton-Sioux Special Education Unit in Mandan. She is currently working on her PhD in Teaching and Learning from the University of North Dakota. Shanna's roll at Morton Sioux is varied and includes assessment, intervention implementation, collaboration with teachers and administrators, and consultation on student progress. She lives in Wilton and likes to spend time with her family, watch NDSU Bison football games, and travel.

# Student Corner

*“One of my key areas of interest was children and education and precisely on how education can help in improving our society’s living standards.”*

## **Ana Silva – First Year School Psychology Graduate Student**

After I graduated in Psychology in Brazil, I spent part of my academic life and one year as professional focused in the Industrial and Organizational Psychology field. This experience opened my eyes for the need of a second language; it was then that I decided to come to the USA for six months. After meeting my husband in the USA, I decided to stay in the country and continue my education.

Having a great passion for children, I decided to look for a career in Psychology where I could work with this age range, as well as, use my previous knowledge and cultural background.

The School Psychology area suited my needs and I decided to go for it. I’m in my first year of my graduated program and have big plans in mind for the future. I would like to work with immigrant children and/or parents, and if it is possible help the field of School Psychology in Brazil with cross-cultural studies.

The field of School Psychology is still growing in Brazil. Even though I had the discipline of School Psychology and an internship of six months in the field in my

undergraduate program, it is not a major area.

Recently, a federal law was approved and from now on, every school will have to have a School Psychologist, which is big victory for my country and the field of School Psychology.

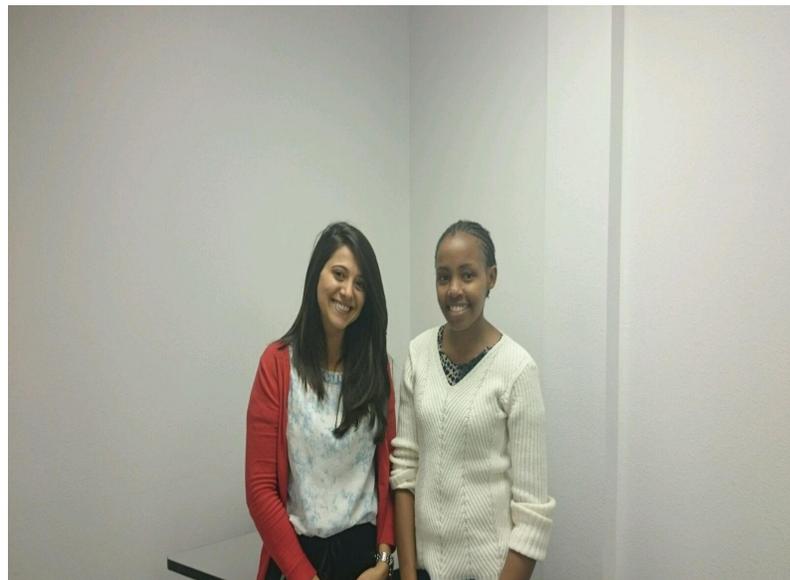
## **Faith Kihuha – First Year School Psychology Graduate Student**

My first encounter with children was in 2008. I had just completed high school and I was volunteering at an internally displaced person’s camp. I helped the young children with learning how to read and write. Though the situation was very difficult and traumatic, it was one of my best experiences in life. Counselors would come and they helped with counseling people which speeded up their healing process. This

was very inspiring to me.

My dream career at the time was accounting, however, after observing how the psychologists helped the people in recovering and healing I began to reconsider my career and therefore I pursued Psychology for my undergraduate studies. After my undergraduate studies, I worked with children in different communities back home.

One of my key areas of interest was children and education and precisely on how education can help in improving our society’s living standards. The Kenyan government has made major improvements on the quality and the relevance of education however we still are facing several challenges. Some of these challenges are high levels primary school drop, gender disparities which means that fewer girls than boys attend school.



# Some Stewart and Boles Recommended iPad apps for Skill PRACTICE

## Letter Names and Sounds, Early phonics:

ABCPocketPhonics,,I Write Words, LittleWriter, WetDryTry, BitsBoard, ABCMagic  
(ReadingRaven is a decent comprehensive reading practice app for young readers, but it does cost a bit\$)

## Sight Words and Vocab:

BitsBoard (can get “boards” with sight words or make your own, also could be used for phonics)  
ABA receptive or ABA expressive  
Sight Words & Fry Words by Alligator Apps  
Sight Words by 22learn  
Photo Touch Sight Words  
Vocabulary Spelling City

## Repeated Reading

Read Naturally One Minute Reader (pay for different levels/books)  
BugBrained Fluency Level 1,2,3 (more just assessment)  
Apps that Read Aloud: iBooks, Kindle, Tap to Talk, Read toMe, etc  
Others:

## Math

Mathmateer (was RocketMath), IXL (cost\$), For younger ones: 123Ninja by Alligator Apps for basic number identification practice, DragonBox (even has some research), Thinking Blocks, Coop Fractions  
Not an app for school but Bedtime Math is designed for home practice – many ages... even has some research!

## Writing:

MaxJournal: Create your own journal(s), with images, etc, Sentence Builder (and SBTeen): grammar  
StoryBuilder (and StoryBuilder Teen): Building paragraphs, Writer’s Hat: Story ideas, story starters

## Visual Schedules:

First Then Visual, Visual Schedule Planner (more \$ but more customizable)

## Social Stories:

StoryMaker for Social Stories (more \$ but more options)  
Stories about Me, Model Me Going Places, Stories 2 Learn

## Assistive Technology:

Tap to Talk, ProloQuo to Go (more \$ but more customizable)

## Speech to Text

SpeakIt Text to Speech, SpeakPad

## Behavior

Use any video and editing tool to do your own Video Self Modeling!  
Use Tellegami to have kids create their own “animated” social skills training summary  
Observations: BehaviorSnap, SchoolPsychTools  
Discrete Trial Training/Tracking: SymTrials  
Others:

# Lists of App Lists—Dr. Lisa Stewart

## **For Teachers**

Educational Technology and Mobile Learning

<http://www.educatorstechnology.com/2012/12/a-list-of-all-best-ipad-apps-teachers.html>

Scholastic

<http://www.scholastic.com/teachers/top-teaching/2012/12/my-35-favorite-free-apps-teaching>

TeachHub.com

<http://www.teachhub.com/20-amazing-ipad-apps-educators>

## **ESL**

Edudemic

<http://www.edudemic.com/top-9-fantastic-ipad-apps-esl-students/>

## **Special Education**

Spectronics

<http://www.spectronicsinoz.com/blog/tools-and-resources/our-apps-for-special-education-list-is-here/>

State Government Victoria, Department of Education and Early Childhood Development

<http://www.ipadsforeducation.vic.edu.au/userfiles/files/DEECD%20iPad%20support%20booklet%20for%20special%20education.pdf>

## **Autism**

Autism Speaks

<http://www.autismspeaks.org/autism-apps>



## **Speech-Language**

<http://speech-languageapps.com/>

## **Comprehensive list/app reviews**

<http://www.nasponline.org/publications/cq/archive/category-list.aspx?id=23>

## **Cautions:**

The above list is by no means comprehensive.

Just because there is a list of apps out there, or teachers/staff are using them, does not ensure that they are good apps. A list is a good starting place, but the rubric should be applied to help determine if the app is actually a good “fit”

## **Other App rubrics out there:**

Tony Vincent Rubric:

<http://learninginhand.com/static/50eca855e4b0939ae8bb12d9/50ecb58ee4b0b16f176a9e7d/50ecb593e4b0b16f176aa974/1330908312793/Vincent-App-Rubric.pdf>

# NDASP Executive Committee Meeting Minutes—October 29, 2015

**Call to Order:** 35 attendees, Megan Sparrow (treasurer) absent

**Secretary Report:** Jennifer Stroh gave a brief overview of past fall meeting minutes

**Treasurer report:** Current Balance on August 31, 2015 was \$4853.54 and after conference income and expenditures the rough estimate is \$5000.00

## Committee Reports

Legislative – Chairperson Wayne Leben: check the ND.gov website for 64<sup>th</sup> interim session information, consider attending ND Behavioral Health Stakeholders Summit Nov 17, 2015 9:30 to 5 pm in Fargo

Membership – Chairperson Tara Rieger: Current membership 45

Nominations & Elections – Chairperson Kathy Gewont

Newsletter – Chairperson Tara Rieger: Anyone interested in writing an article for the newsletter please contact Sarah How

Conferences Chairperson Joseph Engler: We would like to update our membership list in real time as we had a few new attendees that did not receive information through emails.

Public Relations Chairperson Tamara Waters-Wheeler: We would like to create a Facebook like page to post information. Information needs to be sent to Marcia Martin or Tamara Waters-Wheeler for approval prior to posting. We are looking into Twitter to enhance communication. Any suggestions and ideas send them to Tamara.

Ad hoc Strategic Planning Chairperson Terese Schaefer: Speaking in 1 voice, Advocacy, and Organizational Excellence are the 3 goals for our Strategic Plan, the NASP grant will propel us advocating for recognition as a mental health provider, create pass down logs

Ad Hoc Website - Chairperson Marcia Martin: If you have information to be posted send it to Marcia. If you request the posting of a position in your district let her know if it is filled or discontinued. Let her know if you see errors or technical glitches so she can correct them.

AD Hoc Early Career/Graduate Student – Co-Chairs Matt Steinborn and Kylie Klassen: No report. New committee.

## Other Topics

Nominations for Secretary: Terese Schaefer motions Jennifer Stroh to continue and Tamara Waters-Wheeler seconded. Motion passed. Where should next year Fall Conference be located?: Grand Forks is up on the rotation. Marcia Martin will contact school psychs to see if they can organize the conference. Bismarck will be back up. October 6 & 7 and Oct 13 & 14 will be the tentative date possibilities.

Where should our Spring Conference be located?: We would like to have the NASP President Dr. Todd Savage in mid-April and in Fargo due to air travel.

Motion to pursue a federal id number with cost of about \$500 by Marcia Martin and seconded by Dr. Joe Engler. Motion passed.

Motion to provide monies for the NASP children's fund auction of \$200 by Tamara Waters-Wheeler. Jennifer Stroh seconded. Motion passed.

# GPR UPDATE by Wayne Leben, Government Relations Rep

It has been a busy legislative season both in North Dakota and nationally. Federal legislation to re-write the NCLB act is pending and awaits conference committee action in the fall of 2016. Given that this is to occur during an election cycle one can expect that little, if any, action will be taken. I would encourage all members to follow the GPR committee on the NASP site for activity regarding this legislation. For those of you who love to read the actual law, and I know we all do, you can find the Senate version at <https://www.congress.gov/bill/114th-congress/senate-bill/1177> , titled The Every Child Achieves Act of 2015. The House version is the Student Success Act this can be found at <http://edworkforce.house.gov/studentsuccessact/> .

I would like to add that the federal government does produce a great deal of good information through various agencies. Recently I found this site, <http://www.samhsa.gov/nrepp> which includes a searchable database of 330 substance abuse and mental health interventions. The NREPP is the **National Registry of Evidence-based Programs and Practices**.

At the state level there was a good deal of legislative activity regarding education and mental health. State Superintendent Kirsten Baesler has the Capital Tablet posted on the DPI website at [https://www.nd.gov/dpi/news/capitol\\_tablet/](https://www.nd.gov/dpi/news/capitol_tablet/) and this provides a broad review of all educational legislation as well as some specific to mental health and human services.

Another summary available that I would encourage everyone to review is that provided by the Center for Rural Health behavioral stakeholders group. Information can be found at <https://ruralhealth.und.edu/projects/nd-behavioral-health/legislative-study>.

NDASP members should familiarize themselves with this group, as well as the Rural Behavioral Health Network ( <http://www.ndrbhn.org/about.html> ).

The state board that works with these groups is found at: <http://governor.nd.gov/boards/BoardDetails.aspx?boardid=64>.

As always, members should stay abreast of activities at <http://www.nd.gov/> , specifically the legislative Assembly which may be found at <http://www.legis.nd.gov/>. North Dakota is now in the 64<sup>th</sup> Legislative Assembly Interim and legislative committees meet and consider actions for the next legislature. Several of the committees will be addressing issues related to education and school psychology. The Human Service Committee and Education Committee are two that I would encourage members to monitor. A calendar of all interim committee meetings is at <http://www.legis.nd.gov/events>. The education committee is gathering information regarding restraint and seclusion in the schools. The Human Services committee will likely follow up on those priorities outlined by the Rural Health Stakeholders group. A list of all committees is available at <http://www.legis.nd.gov/assembly/64-2015/committees>.

As mental health issues move to the forefront both locally and nationally, it is incumbent upon us, both as practitioners and citizens, to take an active role in this process. Keep yourselves informed---we may need your voice at the next committee meeting or legislative session.

